

JOIN **MIZFIT** FOR

ZUMBA® Hip-Hop for Kids



TUESDAYS
2:15-3:15pm at
the school
For Students
Grades K-5
Requires minimum
of 10 participants

SIGN UP FOR
SESSION 4!
ONLY \$99

SESSION 4:

3/10	3/31	4/7	4/14
4/21	4/28	5/5	5/12

REGISTRATION &
PAYMENT NOW
ONLINE AT
MIZFITINC.COM
WITH CODE HRZ

FOR QUESTIONS OR OTHER FORMS
OF PAYMENT CONTACT NICOLE AT:
(954) 471-6425
or Nicole@MizFitInc.com

FOR NEWS, UPDATES & VIDEOS PLEASE FOLLOW
US AT



At **MIZFIT** we are all about creating a **POSITIVE ATTITUDE** toward fitness. A misfit goes against the grain and thinks differently. And that's our approach to exercise. We aim to change the conventional perception about fitness - that it's a chore—by making it unique and dynamic! Ultimately, it's about **INSTILLING HABITS OF A HEALTHY LIFESTYLE AT AN EARLY AGE.**

This enrichment class is **EASY, FUN & EFFECTIVE**, and kids will have so much fun that they won't even realize they're exercising! The class combines the principles of aerobics with the innovative, international dance styles of Zumba & Hip-Hop. When taken together, they provide a venue for and encourage self-expression, social interaction & multi-cultural understanding. Add in Mizfit's philosophy towards fitness, and kids will be inspired to maintain a healthy body and a positive attitude.

MIZFIT, INC. IS A LICENSED AND INSURED FLORIDA CORPORATION / Instructors are CPR and First Aid certified

Disclaimer: Mizfit, Inc. is not affiliated with or endorsed by the School Board of Palm Beach County or Hagen Road Elementary and the events/activities hosted by Mizfit, Inc. on Hagen Road Elementary's premises pursuant to a lease agreement shall not be constructed as being conducted, funded, hosted, or sponsored by the School Board or Hagen Road Elementary on behalf of Mizfit, Inc. The School Board and Hagen Road Elementary undertake no responsibility for supervising or monitoring Mizfit Inc.'s events/activities and will not be liable for any and all actions of Mizfit, Inc. on Hagen Road Elementary's premises.

DISTRIBUTION DOES NOT IMPLY ENDORSEMENT OR RECOMMENDATION BY PALM BEACH COUNTY PUBLIC SCHOOLS