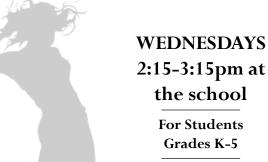


S ZVMBA Hip-Hop for Kids



Requires minimum of 10 participants

SAVE WITH \$188 SEMESTER SAVINGS PACKAGE OR \$109 FOR SESSION 1

Session 1:			
8/25	9/1	9/8	
9/15	9/22	9/29	
10/6	10/13	10/20	

Session 2:				
11/3	11/10	11/17	12/1	
12/8	12/15	12/22	1/12 2022	

REGISTRATION & PAYMENT NOW ONLINE AT MIZFITINC.COM WITH CODE QWEZ

FOR QUESTIONS OR OTHER FORMS OF PAYMENT CONTACT NICOLE AT:

(954) 471-6425 or Nicole@MizFitInc.com

FOR NEWS, UPDATES & VIDEOS PLEASE FOLLOW US AT



At We are all about creating a POSITIVE ATTITUDE toward fitness. A misfit goes against the grain and thinks differently. And that's our approach to exercise. We aim to change the conventional perception about fitness - that it's a chore—by making it unique and dynamic! Ultimately, it's about INSTILLING HABITS OF A HEALTHY LIFESTYLE AT AN EARLY AGE.

This enrichment class is EASY, FUN & EFFECTIVE, and kids will have so much fun that they won't even realize they're exercising! The class combines the principles of aerobics with the innovative, international dance styles of Zumba & Hip-Hop. When taken together, they provide a venue for and encourage self-expression, social interaction & multi-cultural understanding. Add in Mizfit's philosophy towards fitness, and kids will be inspired to maintain a healthy body and a positive attitude.

MIZFIT, INC. IS A LICENSED AND INSURED FLORIDA CORPORATION / Instructors are CPR and First Aid certified